



PE Long Term Plan

	Aut 1 (1)	Aut 2 (2)	Spr 1 (3)	Spr 2 (4)	Sum 1 (5)	Sum 2 (6)
	It's good to be me!		Once upon a time...		It's a wonderful world!	
Reception	Introduction to PE: Unit 2	Fundamentals: Unit 2	Gymnastics: Unit 2	Dance: Unit 2	Games: Unit 2	Ball Skills: Unit 2
Topics	Long, Long, Ago		Paddington meets the King		Rumble in the jungle	
Year 1	Fundamentals Ball skills	Gymnastics Sending and receiving	Dance Target games	Yoga Invasion games	Athletics Net and wall games	Team building Striking and fielding
Topics	All Around the World		Fire and Ice		Natural Life	
Year 2	Fundamentals Ball skills	Gymnastics Invasion games	Dance Sending and receiving	Fitness/Yoga Target games	Athletics Net and wall games	Team building Striking and fielding
Topics	UK & Stone Age		Saxons & Vikings		Rivers & York	
Cycle A Year 3/4	Fundamentals Yoga Swimming – Year 3	Gymnastics Fitness Swimming – Year 3	Dance Netball	Tag rugby Football	Athletics Tennis	Cricket Handball
Topics	Egyptians		Volcanoes, Earthquakes and Italy		Romans	
Cycle B Year 3/4	Fitness Ball skills – 3/4 Swimming – Year 3	Yoga Gymnastics Swimming – Year 3	Dance Hockey	Basketball Golf	Athletics Tennis	Rounders OAA
Topics	Benin		The Americas		Noble Northamptonshire	
Cycle A 5/6	Fitness Netball	Gymnastics Badminton y5/6	Dance Football	Tag rugby Handball	Athletics Yoga Swimming – Year 5	Cricket Tennis Swimming – Year 5
Topics	Ancient Greece		Las Montañas		Crime and Punishment	
Cycle B 5/6	Basketball Golf	Gymnastics Volleyball 5/6	Dance Hockey	Dodgeball OAA	Athletics Yoga Swimming – Year 5	Rounders Tennis Swimming – Year 5